

# WHAT KIND OF PERSON DO YOU WANT TO BE?

What kind of person do you want to be? Do you want to be a caring person? Do you want to be a secretive and mysterious person? What do you want to be? Once you figure that out, you can start figuring out where you belong. Career-wise and mental-wise. I hope that everyone figures out where they belong. Become what you want most in life. It's encouraged. By me, your peers, your family, and anyone you can think of.

I am not a very forgiving person. You see, if someone does something that hurts, I usually don't forgive them. If it's minor then sometimes I will. But if it's a big thing then I usually hold a grudge against that person for a while. Last year I got manipulated and bullied by a girl. It's been a year since then but I still think about it a lot and I haven't forgiven her at all. One time my mom traded me \$5 for a \$50 I found and I still hold a grudge against that. I do think I am not a forgiving person, but others might say differently.

I am a creative person. Whenever I am thinking, I always want to write down my ideas. Sometimes, I do. I read books that give me ideas to write. This is why I want to become an author. I have always wanted to become an author and I want that because I have excelled in reading, grammar, and spelling. I also love reading romance novels which is why I want to become a romance novelist. My teachers have also told me that I should become an author or a journalist. That is why I want to become a romance novelist.

I think I am a friendly person. I can make friends easily with certain people, help others with their struggles, and talk to my friends easily. My friends all say that I'm a pretty nice person to them. I make good jokes most of the time and some people laugh at them. I am happy most of the time which lightens up my mood. Therefore, I believe that I am a friendly person most of the time.

I hope that people start to work on what interests them. I don't want people to become what they don't want to be. That wouldn't end well. I always say; you know when you have a time when you enjoyed something and thought "I wonder if I can make a living out of this,"? That's what you should try and become and settle into. People should become what they want to be. Either personality-wise or career-wise. If someone becomes what they don't want to be they usually aren't happy with their life. I think that when someone decides to settle into something that they don't like, they might like it in the beginning, but once they have been doing that for a long time, they start to realize that they don't like it at all. If everyone becomes what they want to be, they will most likely be happy. Now, if you decided to become what you wanted to be when you were little, don't choose at a very young age. Choose an age where you are mature but still a minor. Maybe less than 14 because if you chose somewhere around 5 it may be hard to get into. Like an astronaut or a scientist. If you still want to become that now, go for it. I encourage it to the best of my ability.

E V A A R M S T R O N G



# Things I've Learned About Myself

Sydnee Donahue

Have you ever wondered what your strengths and weaknesses are? I've always known that I'm a kind person. I had no idea that I was a really loving person because I have weird ways of showing my love. I've never been good with leadership so it doesn't surprise me that it's one of my weaknesses. The Positivity Project has proved that I have a strength that I already knew about, it's shown me a strength that I didn't know I had and it's shown me where I need to grow with my strengths.

I've always known that I'm a kind person. I always make sure to put others before myself, like I always have to make sure that my family and friends are happy and if they aren't I will make them happy. Being kind to strangers makes me feel good and happy. Even though I look mad a lot, I always make sure to be kind to others even when they aren't being kind to me.

I've never really thought of myself as a loving person. Not because I don't care but because I show my love and affection in weird ways. I'm also not really the affectionate type. I've never really been good at saying "I love you" either. I've also never been good at showing people that I care about them. Even though I've never thought of myself as a loving person, I still am deep inside.



Leadership, one of my weakest character strengths, has affected me a lot. I always end up getting really nervous when I'm the center of attention. I stutter a lot when I have to boss people around or even be slightly rude to people. My heart races uncontrollably because of how nervous I get. I normally pass the leadership onto someone who wants to do it. I really hope to get better at being a leader.

In conclusion, the Positivity Project has made me learn new things about myself and has even confirmed some things that I already knew about myself. I've always known that I'm a kind person, and the Positivity Project just confirmed that for me and made me appreciate it. The positivity project also proved to me that I know how to be a loving person. I've never been good at being a leader or talking with groups and the Positivity Project has made me reflect on that and made me realize that I need to work on that skill. Learning new things about yourself can be really fun and sometimes humbling. You might think that you are a really kind person but it turns out you're actually really mean. I love learning new things about myself because it proves that I'm a good person.



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# POSITIVITY PROJECT



While participating in the Positivity Project, I have learned many new things about my character. I have discovered many character strengths that I wasn't aware of and have also reassured the ones I already knew about myself. The Positivity Project is an program that teaches learners about different character strengths and how to apply them in their day-to-day life. Participants in the Positivity Project learn about various different character strengths, their meanings, and how they can be utilized in real-life situations.

## Perspective

Perspective was a character strength that I knew to an extent was a character strength of mine, but I didn't realize how impactful and positive this strength could be. Having perspective allows you to see things through the shoes of other people. Additionally, it helps you to not misjudge things without seeing the other person's perspective. Finally, perspective is a crucial and important skill to practice, which is why I make sure to practice my ability to use this skill more frequently and take advantage of it in my day to life.



Made by,  
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## Fairness

Fairness was certainly not something that I thought would be considered a character strength, but as I dived deeper into what it means, I realized that it very much is. In general, fairness is the ability to judge something fairly without bias or unfairness. After learning this, I now realize that it is an important character strength. I make sure to use this strength in my day-to-day life.

## Judgement

Out of all the character strengths that I learned about myself during the positivity project, Judgement is my favorite. Judgment was my favorite because it's an important trait to have in the world. Judgment means that you have the ability to judge something considering all the factors appropriately and in-depth. Although, it's important to remember that judgment is only a good trait when it is used fairly and properly. Ultimately, judgment is a good character strength because it allows you to judge something while considering all the pros and or con's.

In conclusion, throughout the positivity project, I have learned many new things about myself that I didn't quite recognize before, and reassured things that I already knew about myself. In my opinion, the positivity project was a great way to learn more things about myself and understand my personality more deeply.