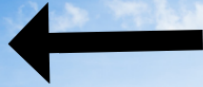




REGISTER HERE



WEST RIVER

YOUTH TRIATHLON

A DISTANCE FOR EVERYONE

Events

- ➔ Individual Race
- ➔ Team Relay

Race Categories

➔ Short | Ages 6-9

Swim - 25 Yards - 1 length (lap pool depth 4 ft - 13 ft)  
 Bike - 1.1 Mile - 1 lap around WRCC outdoor path  
 Run - .5 Mile - 1/2 lap around WRCC outdoor path

➔ Medium | Ages 10-13

Swim - 75 Yards - 3 lengths (lap pool depth 4 ft - 13 ft)  
 Bike - 2.2 Miles - 2 laps around WRCC outdoor path  
 Run - 1.1 Mile - 1 lap around WRCC outdoor path

➔ Long | Ages 14-17

Swim - 125 Yards - 5 lengths (lap pool depth 4 ft - 13 ft)  
 Bike - 3.3 Miles - 3 laps around WRCC outdoor path  
 Run - 3.3 Miles - 3 laps around WRCC outdoor path

Race Starts at

9AM

West River Community Center.

September 24, 2022

West River Community Center  
 2004 Fairway St, Dickinson ND  
 dickinsonparks.org | 701.456.2074



2022

# FALL ACTIVITY GUIDE

take a look inside!



DICKINSON PARKS + RECREATION

EVENTS | TOURNAMENTS | PROGRAMS | LEAGUES



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