



STRONGkids



STRONGkids is a small-group health, fitness, social & emotional wellness program for kids in 6th - 8th grades

▶▶ Activities

▶▶ Snacks

▶▶ Prizes

Wednesdays

May 29th - August 14th

4:00pm - 5:30pm

Fee: FREE

West River Community Center

**REGISTER
TODAY!**



Coaches lead small group discussions & activities that inspire confidence, teamwork, goal-setting & positive mindset.



For more information, please call
Best Friends Mentoring Program
at 701-483-8615

