

*First and foremost, as a counseling team, we would like to welcome everyone to the 2022-2023 school year ☺ Please find below each individual counselor's assignments and their contact email. Feel free to reach out at any time and we are happy to help!*

✚ MS. SHANNON KRUEGER

- Freshman Academy
- [skrueger@dpsnd.org](mailto:skrueger@dpsnd.org)



✚ MRS. TRISTA FISHER

- HHS (Health & Human Services Academy)
- [tfisher@dpsnd.org](mailto:tfisher@dpsnd.org)

✚ MRS. CHERIE MACK

- ETS (Engineering & Technical Sciences Academy)
- [cmack@dpsnd.org](mailto:cmack@dpsnd.org)



✚ MRS. AMY SCHYE

- BMA (Business Management & Administration)
- [aschye@dpsnd.org](mailto:aschye@dpsnd.org)

✚ MRS. LAUREN ROEMMICH

- School Social Worker
- [lroemmich@dpsnd.org](mailto:lroemmich@dpsnd.org)



## Counselor's Newsletter

September 2022



### IMPORTANT DATES:

- September 5: Labor Day—No School ☺
- September 9: Deadline to sign up for the PSAT test
- September 12: NWEA testing (Freshmen)
- September 27 & 28: ASVAB testing in the AM (Juniors)
- September 30: Early Release—Students done at 1:00



✚ MS. JILLENE SUSAG

- Special Education Support Services & Mental Health Provider
- School Psychologist

○ [jsusag@dpsnd.org](mailto:jsusag@dpsnd.org)

---

### NWEA Testing:

NWEA is a research-based, not-for-profit organization that supports students and educators worldwide by creating assessment solutions that precisely measure growth and proficiency—and provide insights to help tailor instruction. Put simply, NWEA tests provide information for students and teachers alike, indicating where they are academically and how much they grow between each testing period. This allows teachers to modify curriculum to meet student needs, as well as allowing students to set goals! Freshmen will be tested three times throughout the year, in September, January, and May.

---

### ASVAB Testing:

The Armed Services Vocational Aptitude Battery is the most widely used multiple-aptitude test battery in the world. The [ASVAB](#) measures your strengths, weaknesses and potential for future success in four domains: verbal, math, science and technical, and spatial. It includes tests in 10 areas. The ASVAB is an indicator for success in future endeavors, such as college, vocational school or a military career. Test results will be interpreted with students the beginning of November. \_\_\_\_\_

### PSAT

- Wednesday, October 12<sup>th</sup> (B Day)
  - Students report to DHS Auditorium 7:45 am, test starts 8:00 am – 12 pm
  - The PSAT is for any Sophomore (3.50 GPA or higher) or Junior (3.0 GPA or higher) who has paid the \$18.00 test fee to Mrs. Main in the library by Friday, Sept. 9 (*Juniors eligible for 2022-2023 free reduced priced-meals may qualify for a fee waiver*).
  - PSAT Practice Tests, collegeboard.org: <https://satsuite.collegeboard.org/psat-nmsqt/preparing/practice-tests>
  - Access to Khan Academy for practice tests: <https://satsuite.collegeboard.org/psat-nmsqt/preparing/practice-tests/online>
-

*"A new school year means new beginnings, new adventures, new friendships, and new challenges. The slate is clean and anything can happen." --Denise Witmer*

#### Seniors: Retaking the ACT:

If you were not happy with your ACT score, you still have time to retake it for a better score! Pick up a paper practice test from any counselor and/or use the many free on-line resources to help you study. Students may sign up at [www.actstudent.org](http://www.actstudent.org).

---

#### The DPS Pantry and Closet

The DPS Pantry and Closet will be opening at our new location on every Tuesday starting September 6<sup>th</sup> from 2:00-4:00! The pantry is available to any family with a child in Dickinson Public Schools.

Where: Hagen Building, 402 4th St W. Enter through the northeast door, across from the basketball court. The doors are locked, so PLEASE CALL 701-456-3857 for a volunteer to let you in. Go down the stairs, turn left, and follow the signs down the hallway to the pantry.

Clothing, food, and school supplies are available.

---

#### Bank of North Dakota-Dual Credit

Bank of ND Dual Credit: Bank of North Dakota (BND) is accepting applications from eligible students for financial assistance to pay for dual credit courses. Funding may be limited. Applications will be considered by date submitted. Approved students may receive assistance for up to two (2) courses per academic school year. Please see a counselor with questions and/or to get signed up.

---

#### Dickinson Backpack Program:

This is a food program intended to help alleviate childhood hunger on weekends and during school breaks; packs are filled with shelf-stable food. With your approval we will send a bag of food home with your child every Friday. This is a FREE program for those meet specific criteria. See a counselor to get signed up.

---

#### College/University Visits

This is a great opportunity to take the time to schedule a college visit. Many colleges/universities have open houses, field days, and tours for prospective students who might be interested in attending their school in the fall of 2023. Check with the college's website or college representatives for special activities/events for an opportunity to see campus life and visit with students presently attending.

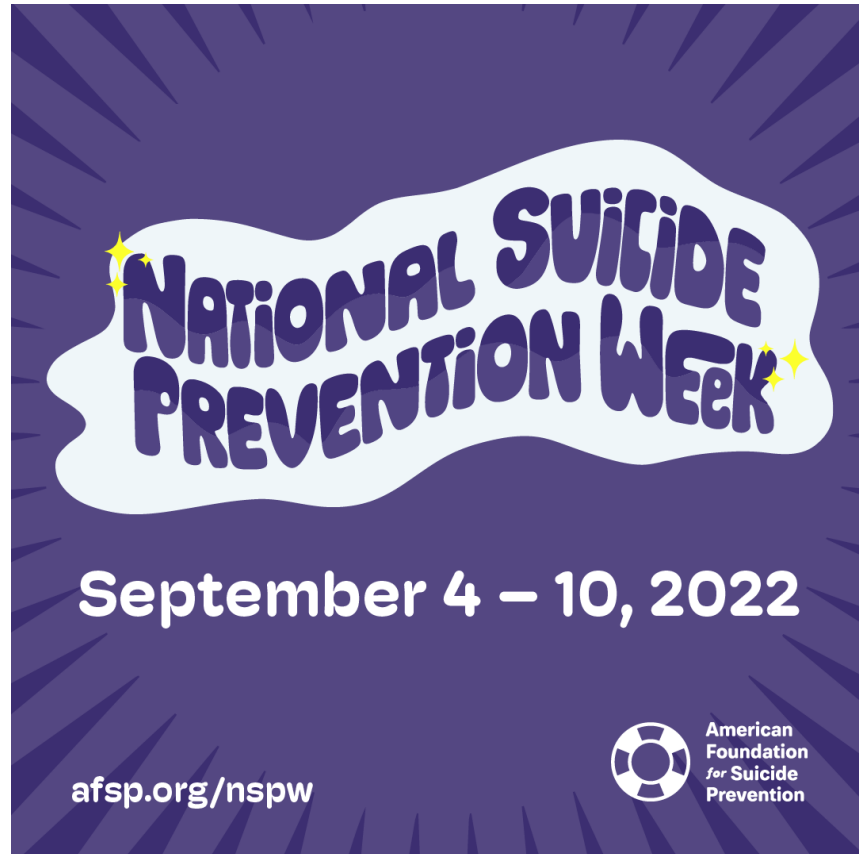
---

#### NCAA Eligibility Center

Checks academic eligibility for students who want to play sports at a Division I or Division II college/university. Make sure that you have completed your online NCAA application and that

you have your official transcript sent from the front office both at the time that you complete your application and at the end of the school year.

\*\*\*\*Help us spread awareness 😊\*\*\*\*



### **Out of the Darkness Walk:**

Walk Date: **09/17/2022**

Walk Location: **West River Ice Center**

Registration/Activity Start Time: **9:00 am**

Walk Start Time: **10:00 am**