

# Southwest Sessions

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## Love & Logic Magic for **Early Childhood**

Lots of parents experience “skill slippage”.  
Whether it’s losing your cool, yelling, reverting  
to old ways, or just looking for new  
parenting tools... .

Use Love & Logic strategies to:

- Reduce the whining, arguing and complaining
- Handle misbehavior without breaking a sweat
- Avoid power struggles
- Perk up your child’s ears to listening the first time
- Turn your words into gold instead of garbage
- Create effective limits
- Learn what to do when kids leaves you speechless

**FREE SUPPER & CHILDCARE PROVIDED!**

Where: **Bowman Lutheran Church**

When: **Mondays October 10, 17, 24  
Nov. 7, & 14**

Supper: **6:00—6:30 p.m.**

Session: **6:30—8:00 p.m.**

Must register for series and childcare by October 7.

Call 456-0007 or toll free 1-877-264-1142

Email: [debra.theurer@ndsu.edu](mailto:debra.theurer@ndsu.edu)

Presented by West Dakota Parent & Family Resource Center.  
Funded in Collaboration with Bowman County Extension Service

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## Parenting Tweens & Teens with **Love** and **Logic**

Parenting your 10-18 Year Old

When kids hit the tween/teen years,  
parenting takes on a whole new dimension.

**No Greater Challenge—  
No Greater Opportunity!**

Whether you’ve used Love & Logic all along  
or are looking for some extra help  
during adolescence, use these Love & Logic  
strategies to:

- Reduce the whining, arguing and complaining
- Set up situations that teach responsibility
- Learn about your adolescent’s social and emotional changes
- Give effective consequences
- Turn your words into gold instead of garbage
- Create effective limits without losing love and respect
- Learn what to do when your tween/teen leaves you speechless
- Have more FUN with your tween/teen

**FREE CHILDCARE PROVIDED!**

Where: **Hettinger Lutheran Church**

When: **Tuesdays October 18, 25,  
Nov. 8, 15, & 22**

Session: **6:30—8:00 p.m.**

Must register for series and childcare by October 14.

Call 456-0007 or toll free 1-877-264-1142

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Children and Family Services



# What's On Your Parenting Menu?

## Parent Night

Join us for discussion of a buffet of parenting strategies to better understand your child, support your child's education and give you more parenting energy:

- **Handling Common Misbehaviors**

- Getting appropriate behavior from your child

- Missing sleep or misbehaving?

- **School Success**—How parents can help

- Readiness

- Teaming for school success

When: Wednesday, October 12, 2011

Time: 6:30—8:00 p.m.

Where: New England Public School

NEW ENGLAND

The ability to think things through is critical to good decision-making. Without this, we would act based only on our whims—not the best choice for most situations.

To think things through, your child will need to develop and listen to her inner voice. Our inner voice represents the thoughts we have when presented with a decision. It tells us the good and bad points of each choice, and helps us predict what would happen once a choice is made.

You can encourage your child to think things through by:

- **Asking questions.** “Why do you think that happened?” “What could you have done differently?” Questions like these encourage children to review their behavior and come up with different solutions.
- **Supplying information.** “I’ve read that wearing a bike helmet can protect the brain in case of a fall.” This encourages your child to consider consequences. At this age, it often works better than a direct command.
- **Making lists.** Next time you have a decision to make, model list-making for your child. Write down the pros and cons of each choice. Use your list when it’s time to choose.

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