

West Dakota Parent & Family Resource Center
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**Love and Logic Magic
 for Early Childhood—**

Parenting Children 2-10 Years

Learn to use these Love & Logic strategies to...

- * Reduce the whining, arguing and complaining
- * Handle misbehavior without breaking a sweat
- * Avoid power struggles
- * Perk up your child's ears to listening the first time
- * Turn your words into gold instead of garbage
- * Create effective limits
- * Learn what to do when kids leave you speechless
- * **SUPPER & CHILDCARE PROVIDED**

Where: Belfield Public School

When: Tuesdays, March 29,
 April 5, 12, 19, 26, 2011

Time: Supper- 6:00—6:30 PM
 Session— 6:30—8:00 PM

Call toll free 1-877-264-1142 or email
 debra.theurer@ndsu.edu to register.

Program funded by Stark County and West Dakota
 Parent & Family Resource Center

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Where: Billings County School— Prairie

When: Mondays, March 7, 14, 21, 28,
 April 4, 2011

Time: 9:00 AM—10:30 AM

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 Services—Children and Family Services



Encourage Children to Listen to Their Inner Voices Before Acting

The ability to think things through is critical to good decision-making. Without this, we would act based only on our whims—not the best choice for most situations.

To think things through, your child will need to develop and listen to her inner voice. Our inner voice represents the thoughts we have when presented with a decision. It tells us the good and bad points of each choice, and helps us predict what would happen once a choice is made.

You can encourage your child to think things through by:

- **Asking questions.** “Why do you think that happened?” “What could you have done differently?” Questions like these encourage children to review their behavior and come up with different solutions.
- **Supplying information.** “I’ve read that wearing a bike helmet can protect the brain in case of a fall.” This encourages your child to consider consequences. At this age, it often works better than a direct command.
- **Making lists.** Next time you have a decision to make, model list-making for your child. Write down the pros and cons of each choice. Use your list when it’s time to choose.

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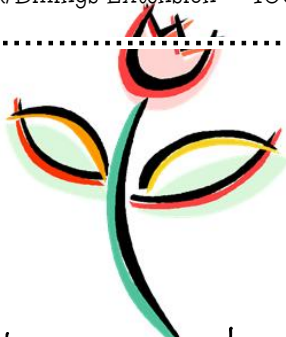
Parents Forever— (Children of Divorce)

This may be helpful if you:

- ⊕ are experiencing a family transition of separation/divorce or considering separation/divorce.
- ⊕ are divorced and are experiencing challenges.
- ⊕ have never been married and do not live together, but are having challenges.

Contact Stark/Billings Extension— 456-7665

Saturday, April 9, 2011
9:30 am—1:30 pm



For further information about our programs please call West Dakota Parent
& Family Resource Center @ 456-0007 or Toll Free: 1-877-264-1142