

## CAREER GUIDANCE FOR GRADES 9-12

PROVIDED THIS YEAR BY THE GUIDANCE, COUNSELING DEPARTMENTS  
AND THE STAFF OF DICKINSON HIGH SCHOOL

### JUNIOR HIGH GRADES 7 & 8

#### Computer Class and Consumer Science Class

Career Explorer - Career Research Assessment, Fact Sheet/Resume, Multiple Intelligence Assessment, Ideal Career, Creation of Portfolio, Work Values, Volunteer Community Service Project, Parent Night, Introduction to Career Paths and High School Registration.

### FOR THE FRESHMAN

#### In Grammar 9

- Career pre-assessment .... a 48 Career Outlook question inventory
- Personality types - Holland codes
- Essay (Information) ... Graded & placed in student's paper portfolios
- Teach steps to Career/Life Planning
- How to use the Career Outlook Newspaper
- Students are invited to take the Career Outlook
- Booklet home to share with parent

#### Physical Education 9

- Introduction to RU Ready Career software program
- Interest Cluster Assessment ...180 Question Inventory
- How to explore a career within the career cluster and assist in the selection of careers
- Compare and contrast careers
- Research and explore information on careers post secondary schools and majors

Registration for all 9th Graders: give hands on instruction on how to use Career Cluster: the 4 year planning and registration guide.

Conduct two freshman student/parent meetings each year. One during 3rd quarter of eight grade to register for freshman classes and prepare them for ninth grade and another the day before school starts with a freshman and new student orientation.

### FOR THE SOPHOMORES

#### In Life Skills Class

Students work on **RUREADY.COM** website to add surveys and assessments to their portfolio; The following activities are included.

- How to edit and update a portfolio
- Work Values Survey
- Career Finder assessment on interests for Holland's Personality Type
- Explore careers based on interest type school, subject interest and career cluster interest
- Compare careers using the Choices Explorer and Planner for job tasks, salary and outlook, and education or training.
- Subjects to take in high school using the Career Cluster planning guides
- Students look at the latest labor market information regarding career choices
- Career Expo at DSU (students select three career choices)
- Students learn how to locate jobs and use information from the JobsND site; they fill out applications and discuss ethics and proper application process.
- Students are made aware of job shadows and the process of doing one.
- Students are made aware of web page information where they can find information about the counselor page, daily announcements, summer activities, Governor's School, practice PSAT and the monthly newsletter.
- Registration process: discuss the registration guide, graduation requirements, and the 4 year planning process using career cluster plan of study.

Registration for all 10th Graders: Student class graduation requirements and use of the registration guide. Review career paths and four year planning.

**FOR THE JUNIORS:**

<b>Throughout the year</b>	
<ul style="list-style-type: none"> <li>• College Fair visit at DSU</li> <li>• Credit check using their historical grades and graduation progress in powerschool What is cumulative GPA, official transcript</li> <li>• Paper applications vs online applications for the ACT and SAT</li> <li>• Assessments of the PSAT, ASVAB, NDSA, ACT/Workkeys tests and interpretation</li> <li>• Career Expo at DSU</li> <li>• Students receive up to two days of principal approved absences for college visits</li> </ul>	<ul style="list-style-type: none"> <li>• Visit web site to acquire resources to help with registration, keep on top of deadlines and scholarships</li> <li>• Junior Parent Meeting: selecting colleges, review monthly opportunities, scholarship requirements, financial aid, how to use the DHS website, encourage involvement in activities and volunteer activities, job shadow experiences, hot jobs, proprietary schools, 2 year programs, 4 year programs and apprenticeships</li> <li>• Classroom CareerGuidance in American Govt/Econ class</li> </ul>
<p>Registration for all juniors. Student class and graduation requirements and use of the registration guide. Review career paths and four year planning.</p>	

**FOR THE SENIORS:**

<b>Throughout the year</b>	
<ul style="list-style-type: none"> <li>• Senior Timeline: A month by month tool to assist seniors in preparing for the requirements of graduation and post secondary school.</li> </ul>	<ul style="list-style-type: none"> <li>• Give weekly announcements of upcoming scholarships, college representative visits, summer internships &amp; camps, job shadow experience and work experience opportunities.</li> </ul>
<ul style="list-style-type: none"> <li>• Parent Senior Meeting: selecting colleges, review monthly opportunities, scholarship requirements, financial aid, how to use the DHS website, encourage involvement in activities and volunteer activities, job shadow experiences, hot jobs, proprietary schools, 2 year programs, 4 year programs and apprenticeships</li> </ul>	<ul style="list-style-type: none"> <li>• Each month in the mail and online, parents receive our monthly newsletter: It includes information on upcoming events, test schedules as well as tips on career planning, academic concerns, resources, etc.</li> </ul>
<ul style="list-style-type: none"> <li>• Counselors divide senior class into thirds so each counselor can meet with them individually to discuss plans, ACT, credits and process of selecting colleges, applications, possible job shadow opportunities</li> </ul>	<ul style="list-style-type: none"> <li>• Financial Aid meeting in January, date to be announced</li> <li>• College Goal Sunday in February, date to be announced</li> <li>• College Fair held at DSU.</li> <li>• Do As You Are Career Software</li> <li>• Classroom CareerGuidance in American Govt/Econ class</li> <li>• Review options for students after high school</li> <li>• College Applications, FAFSA info, Scholarships</li> </ul>

**ALL GRADES**

<b>Academies - Summer Programs</b>	
<ul style="list-style-type: none"> <li>• Engineering - Manufacturing Academy</li> <li>• Telecommunications Academy</li> <li>• Energy Career Academy</li> <li>• Governor's School</li> <li>• HOBY</li> <li>• Physician's Camp, Medical Explorers</li> <li>• Rotary Camp</li> <li>• Girls'/Boy's State</li> </ul>	<p style="text-align: center;"><b>For more information visit the Dickinson High School website at:</b> <b><u><a href="http://www.dhs.dickinson.k12.nd.us">www.dhs.dickinson.k12.nd.us</a></u></b></p>

# October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Comm. Theatre @ Audi FTB (T) Williston 6:00 BTN State at Bismarck GVB (H) Century 9B/9B 4:30/5:30 9A/9A 4:30/5:30 JHVB (T) 7th Simle A1,A2 - 4:00/5:00 B1,B2 - 4:00/5:00 (H) 8th Simle A2,A1 - 4:15/5:15 Berg B2,B1 - 4:15/5:15 Hagen	<b>2</b> Comm. Theatre @ Audi GVB (H) Dickinson JV Tournament DHS JV/10A participating BTN State at Bismarck JrHFTB (T) 7th Glendive 12:00 (T) 8th Glendive 1:30 DSU/FTB (T) Valley City 12:30
<b>3</b> Audi Comm. Theatre	<b>4</b> GGLF State at James CC 9:00	<b>5</b> (H) Bismarck GVB 10B/10A 4:30/4:30 JVV 5:30/7:00 (T) Bismarck 9B/9B 5:00/6:00 9A/9A 5:00/6:00 State at James CC 9:00 FTB (H) Minot 9A/9B 3:00/4:30 JHVB (H) 7th Wachter A2,A1 - 4:15/5:15 Berg B2,B1 - 4:15/5:15 Hagen (T) 8th Wachter A1,A2 - 4:00/5:00 B1,B2 - 4:00/5:00	<b>6</b>	<b>7</b> FTB (T) Minot 10th 3:30 JHFTB (H) 7th Wachter (T) 8th Wachter JHVB (T) 7th Mandan A1,A2 - 4:00/5:00 B1,B2 - 4:00/5:00 (H) 8th Mandan A2,A1 - 4:15/5:15 Berg B2,B1 - 4:15/5:15 Hagen	<b>8</b> GVB (T) Fargo Tournament FTB (H) Minot 7:00 BSOC West Region at Mandan GVB (H) Trinity 9B/9A 4:30/5:30	<b>9</b> Dance Prac. 9-12 GVB (T) Fargo Tournament XC WDA at Bismarck Tom/Leary 12:00 BSOC West Region at Mandan Music DHS Surround the State in Sound 5th & 6th JHVB (H) 7th Hazen B1/B2 1:00/2:00 (H) 8th Hazen B1/B2 1:00/2:00 DSU/FTB (T) Mayville State 12:30
<b>10</b>	<b>11</b> School Board 5:00 CAO Booster Club 7:00 DHS JHVB (T) 7th Trinity A1,A2 - 4:00/5:00 B1,B2 - 4:00/5:00 GVB (H) Watford City 10B/10B/10A 4:30/4:30/5:30 (T) Century 9B/9B 5:00/6:00 9A/9A 5:00/6:00	<b>12</b> JHVB (H) 7th St. Mary's B1,A1 4:15/5:15 (T) 8th St. Mary's A1,B1 4:00/5:00 FB (T) 9B Century 4:30	<b>13</b> Early Release Day 1:30 Audi PSAT meeting - morning	<b>14</b> GVB (T) Mandan 10B 3:30 Ft. Lincoln Elem. 9B/9A 5:00/6:00 Ft. Lincoln Elem. 10A/JVV 3:30/5:00/6:30 MHS JHFTB (T) 7th Horizon (H) 8th Horizon JHVB (H) 8th Trinity (Berg) A1, A2 - 4:00/5:00 FTB (T) Glendive 9A 4:30	<b>15</b> FTB (H) Fargo South 5:00	<b>16</b> Dance Prac. 9-12 JHFB (BAC) Intrasquad 9-10:15 DSU/FTB Black Hills State 1:30
<b>17</b>	<b>18</b> FTB (H) Mandan 10th 4:30 (T) Mandan 9A 3:00 (T) Mandan 9B 5:00 (T) Jamestown Math Meet MUSIC Fall Band Concert 7:00 pm	<b>19</b> MUSIC Fall Choir Concert 7:00 pm	<b>20</b> GVB (T) Jamestown 10B/10A 3:30/3:30 JVV 5:00/5:30 FTB (T) Mandan 6:00 NDHSAA Meeting/Bismarck	<b>21</b> Teachers' Convention SWDHU POD @ DHS NDHSAA Gneral Assembly Meeting/Bismarck	<b>22</b> Teachers' Convention SWDHU POD @ DHS	<b>23</b> Dance Prac. 9-12 XC (T) State at Jamestown 12:00 VB Tourney Park and Rec ACT Test Date DSU/FTB (T) South Dakota Mines 1:00
<b>24</b> VB Tourney Park and Rec	<b>25</b> JHWR 1st Practice JHGGB 1st Practice MUSIC UND Honor Festival auditions (Trinity)	<b>26</b> GVB (H) Williston 9A/9B 4:30/5:30 10B/10A 4:30/4:30 JVV 5:30/7:00 NDHSAA Hockey Rules Clinic/Minot	<b>27</b> NDHSAA Hockey Rules Clinic/Bismarck	<b>28</b> GVB (H) St. Mary's 9B/9A 5:30/6:30 10A/10B 4:30/4:30 JVV 5:30/7:00 MUSIC Hagen Concert 8th Grade	<b>29</b> Last Day of 1st Quarter	<b>30</b> Dance Prac. 9-12 GVB (T) Minot/TMCHS at Minot 12:00 10B vs TM, JV vs Minot 1:15 10A vs Minot 2:30 JV vs TM, 10B vs Minot 5:30 Varsity vs Minot (T) 9A/B WDA at Bismarck FTB Quarter Final Play-Offs Choir Surround State/Sacred Sound FTB/DSU (T) Minot State 12:30
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