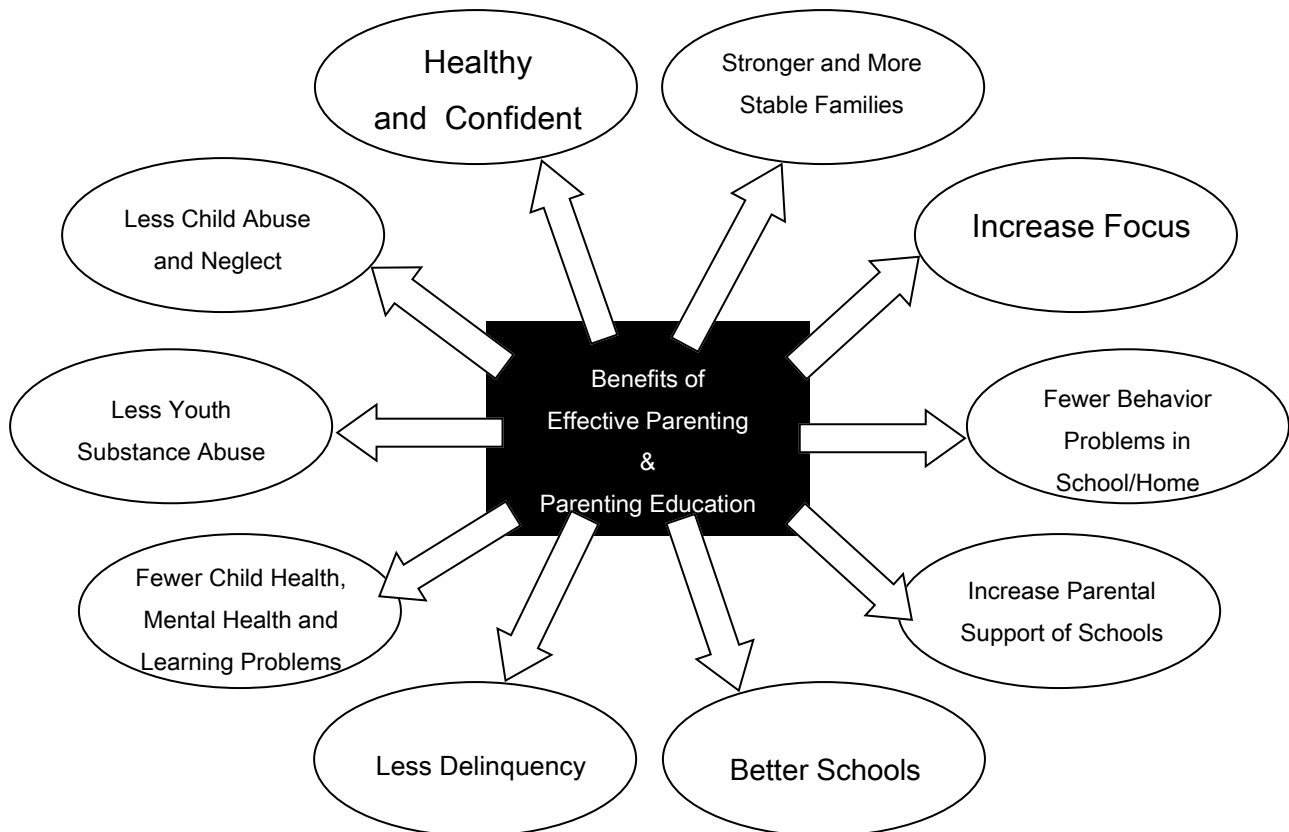


Dickinson Public School's
Partners in Parenting
Touching Families Today for Tomorrow

West Dakota Parent & Family Resource Center's Mission:

- To provide parents **information on developing positive relationships** with their children, information about **child growth** and development at all stages of development
- To provide **skills to improve** communication within the family unit
- To **encourage parents** to become partners in their children's learning by providing resources and information.



Providing services since 1994.

336 5th St. West

Dickinson, ND 58601

701-456-0007; Fax: 483-6563



2015-16 Services



Love and Logic — Eight 6-week sessions

142 children in childcare

Incredible Years — One 12-week session

19 children in childcare

Baby Signs — One 3-week session

Nurtured Heart Approach — Three 5-week sessions

Conscious Discipline — Two 5-week sessions

Nurturing Program — One 16-week session

10 families

Infant Massage — Three 3-week sessions

7 Habits/Prairie Rose Elementary

Leader in Me

Family Literacy Events

Math parent nights

Reading parent nights

Changing I — Parent nights, classroom presentations

Changing II — Parent nights, classroom presentations

Teen Maze at Hagen Jr. High

HeadStart Kindergarten Transition Parent Meetings

Community Presentations/Trainings

Dickinson High/Alternative High School Weekly Presentations

Homeless Services for Homeless families

Gearing Up for Kindergarten

The academic and social expectations of children entering kindergarten have changed a great deal from previous generations. National research suggests that teacher's estimate 32% of kids have some problems entering kindergarten and another 16% have difficult entries into kindergarten.

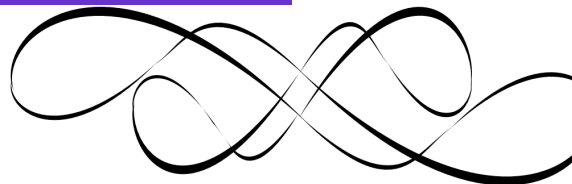
- **3 classrooms participated in Dickinson**
- **16 week series (8 weeks in fall, 8 weeks in spring)**
- **38 students experienced the program**

Community Committees/Events

- Children's Health/Safety Fair
- Baby Fair/Parent Fair
- SW Coalition of Safe Communities
- Healthy 8
- Lighthouse Committee

Contacts

- 3,791 total attendance
- 1,742 duplicated
- 1,374 calls to Center
- 211 parent in person visits to Center
- 461 children in childcare



Parent's Thoughts...

- **Changing Program**

- Easier to have conversations with our children.
- Good program. Thank you for getting the conversation started!
- Better understanding of body changes that are happening.
- Confidence, scientific information, comfortable due to others around them
- I didn't have to be embarrassed talking to him
- A better setting. The kids may be more willing to listen to an adult other than a parent
- It made her classmates aware and open and receiving correct information together.

- **Gearing Up for Kindergarten**

- Our daughter looks forward to this weekly. I love the quality time at centers and gives me ideas to help her work on things at home. The routine of each week has helped prepare her.
- This program has been a bigger help then we were expecting. With our first child starting kindergarten we really didn't know what to do to get her ready. They give us lots of great ideas on what to work with her on.

- **Love and Logic**

- The skills I had parenting a teen were not working and was living in fear and frustration. I was taught skills with which to handle the situations that were cropping up. Applying the Love and Logic approach has helped diffuse tension in our home. The new skills that I've learned are helping preserve the relationship between me and my teen
- I am so looking forward to less arguing and more quality time as a family.
- Learning that kids can have some power/control over things that don't matter to me as a parent and it helps the relationship work and results in fewer battles.

- **Nurtured Heart Approach**

- So grateful for this class. I didn't know how much it would help my intense child. It has been amazing what a difference it made.
- Feeling like I can see the improvements in my children and see them blossoming in front of me. Refusing to energize the negativity and giving out more positive recognition.
- I now know how to deal with my child's behaviors and attitudes that I didn't know before. Learning to see what his greatness is.

